



34. Kienberglauf  
Oehrenstock / 04.10.2014

## Detailed evaluation

Güntzel, Wieland

Club: Themar  
Number: 926

Course: 11.00 km  
11 km Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:13:45

Speed: 8.95 km/h  
Running performance: 6:42 min/km

Rank in course/Total: 23 (of 30)

Rank in course/Men: 19 (of 23)

Best time in course: 46:56

Rank in category: 3(of 4)

Best time in the category: 55:20