



34. Kienberglauf
Oehrenstock / 04.10.2014

Detailed evaluation

Kreußel, Silke

Club: Langewiesen
Number: 950

Course: 11.00 km
11 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:15:21

Speed: 8.76 km/h
Running performance: 6:51 min/km

Rank in course/Total: 25 (of 30)

Rank in course/Women: 5 (of 7)

Best time in course: 55:36

Rank in category: 2(of 2)

Best time in the category: 55:36