



34. Kienberglauf
Oehrenstock / 04.10.2014

Detailed evaluation

Volkholz, Clemens

Club: Apoldaer LV 90
Number: 869

Course: 16.00 km
16 km Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:23:43

Speed: 11.47 km/h
Running performance: 5:14 min/km

Rank in course/Total: 15 (of 29)

Rank in course/Men: 15 (of 27)

Best time in course: 1:06:00

Rank in category: 2(of 3)

Best time in the category: 1:15:44