



34. Kienberglauf
Oehrenstock / 04.10.2014

Detailed evaluation

Thomas, Frank

Club: LAV Saale- Rennsteig
Number: 871

Course: 16.00 km
16 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:36:15

Speed: 9.97 km/h
Running performance: 6:01 min/km

Rank in course/Total: 25 (of 29)

Rank in course/Men: 23 (of 27)

Best time in course: 1:06:00

Rank in category: 5(of 6)

Best time in the category: 1:17:05