



34. Kienberglauf  
Oehrenstock / 04.10.2014

Detailed evaluation

Krüger, Lars

Club: GutsMuths-Rennsteiglaufverein  
Number: 852

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:38:56

Speed: 9.70 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 26 (of 29)

Rank in course/Men: 24 (of 27)

Best time in course: 1:06:00

Rank in category: 5(of 5)

Best time in the category: 1:14:44