



## 24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

### Detailed evaluation

**Michaelis, Cornelia**

Club: Sonneberg

Number: 258

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:33:43

Speed: 12.80 km/h

Running performance: 4:41 min/km

Rank in course/Total: 53 (of 418)

Rank in course/Women: 4 (of 118)

Best time in course: 1:28:58

Rank in category: 1(of 15)

Best time in the category: 1:33:43