



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Nitzsche, Volker

Club: Run&Bike-Team Coburg

Number: 10040

Course: 10.00 km

10km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:07:27

Speed: 8.90 km/h

Running performance: 6:44 min/km

Rank in course/Total: 59 (of 87)

Rank in course/Men: 36 (of 45)

Best time in course: 35:55

Rank in category: 3(of 3)

Best time in the category: 35:55