



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Selter, Hendrik

Club: Wasserball Sömmerda

Number: 336

Course: 20.00 km

20km Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:36:35

Speed: 12.42 km/h

Running performance: 4:50 min/km

Rank in course/Total: 69 (of 418)

Rank in course/Men: 63 (of 300)

Best time in course: 1:08:15

Rank in category: 15(of 32)

Best time in the category: 1:11:00