



## 24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

### Detailed evaluation

#### Döring, Ronny

Club: Twio-X e.V. Leipzig

Number: 183

Course: 20.00 km

20km Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:37:33

Speed: 12.30 km/h

Running performance: 4:53 min/km

Rank in course/Total: 74 (of 418)

Rank in course/Men: 69 (of 300)

Best time in course: 1:08:15

Rank in category: 18(of 32)

Best time in the category: 1:11:00