



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Ziemke, Claudia

Club: Dream-Team-Ilmenau
Number: 470

Course: 20.00 km
20km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:37:51

Speed: 12.26 km/h
Running performance: 4:53 min/km

Rank in course/Total: 78 (of 418)
Rank in course/Women: 6 (of 118)
Best time in course: 1:28:58

Rank in category: 1(of 15)
Best time in the category: 1:37:51