



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Höllein, Volker

Club: Steinach

Number: 435

Course: 20.00 km

20km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:38:12

Speed: 12.22 km/h

Running performance: 4:55 min/km

Rank in course/Total: 81 (of 418)

Rank in course/Men: 75 (of 300)

Best time in course: 1:08:15

Rank in category: 14(of 50)

Best time in the category: 1:23:03