



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Grundmann, Stefan

Club: MEDLETIK Laufteam

Number: 215

Course: 20.00 km

20km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:40:00

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 97 (of 418)

Rank in course/Men: 89 (of 300)

Best time in course: 1:08:15

Rank in category: 15(of 38)

Best time in the category: 1:08:15