



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Kring, Karina

Club: Ilmenau  
Number: 10032

Course: 10.00 km  
10km Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:11:23

Speed: 8.41 km/h  
Running performance: 7:08 min/km

Rank in course/Total: 71 (of 87)  
Rank in course/Women: 31 (of 42)  
Best time in course: 47:03

Rank in category: 5(of 6)  
Best time in the category: 47:03