



## 24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

### Detailed evaluation

**Beck, Maik**

Club: VfB Steinach

Number: 265

Course: 20.00 km

20km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:40:52

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 110 (of 418)

Rank in course/Men: 101 (of 300)

Best time in course: 1:08:15

Rank in category: 13(of 31)

Best time in the category: 1:16:38