



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Koch, Andreas

Club: Atemlos d. d. Wald  
Number: 386

Course: 20.00 km  
20km Lauf

Category:  
Männer (20-29 Jahre)

Total time: 1:41:12

Speed: 11.86 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 113 (of 418)

Rank in course/Men: 104 (of 300)

Best time in course: 1:08:15

Rank in category: 21(of 32)

Best time in the category: 1:11:00