



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Quick, Henrich

Club: 50Hertz  
Number: 359

Course: 20.00 km  
20km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:43:11

Speed: 11.63 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 133 (of 418)

Rank in course/Men: 119 (of 300)

Best time in course: 1:08:15

Rank in category: 16(of 49)

Best time in the category: 1:15:51