



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Eschrich, Mirko

Club: Real Igelshieb
Number: 448

Course: 20.00 km
20km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:43:49

Speed: 11.56 km/h
Running performance: 5:11 min/km

Rank in course/Total: 138 (of 418)

Rank in course/Men: 124 (of 300)

Best time in course: 1:08:15

Rank in category: 23(of 38)

Best time in the category: 1:08:15