



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Henkel, Tobias

Club: USV Erfurt  
Number: 323

Course: 20.00 km  
20km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:42:42

Speed: 11.68 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 130 (of 418)

Rank in course/Men: 117 (of 300)

Best time in course: 1:08:15

Rank in category: 22(of 38)

Best time in the category: 1:08:15