



## 24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

### Detailed evaluation

**Bauer, Rüdiger**

Club: SGB Stadtsteinach

Number: 360

Course: 20.00 km

20km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:17:50

Speed: 15.42 km/h

Running performance: 3:53 min/km

Rank in course/Total: 11 (of 418)

Rank in course/Men: 11 (of 300)

Best time in course: 1:08:15

Rank in category: 1(of 52)

Best time in the category: 1:17:50