



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Deutschland, Andreas

Club: Großneuhausen

Number: 151

Course: 20.00 km

20km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:45:03

Speed: 11.42 km/h

Running performance: 5:15 min/km

Rank in course/Total: 156 (of 418)

Rank in course/Men: 138 (of 300)

Best time in course: 1:08:15

Rank in category: 25(of 50)

Best time in the category: 1:23:03