



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Hermann, Ines

Club: Kamsdorf

Number: 311

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:45:24

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 162 (of 418)

Rank in course/Women: 20 (of 118)

Best time in course: 1:28:58

Rank in category: 3(of 15)

Best time in the category: 1:37:51