



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Altherr, Ernst

Club: LC Brühl

Number: 8

Course: 20.00 km

20km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:45:22

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 161 (of 418)

Rank in course/Men: 142 (of 300)

Best time in course: 1:08:15

Rank in category: 7(of 25)

Best time in the category: 1:36:16