



## 24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

### Detailed evaluation

**Münch, Birgit**

Club: Fam.Münch Impuls Erf

Number: 263

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:45:21

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 159 (of 418)

Rank in course/Women: 19 (of 118)

Best time in course: 1:28:58

Rank in category: 7(of 25)

Best time in the category: 1:31:03