



## 24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

### Detailed evaluation

**Treßelt, Frank**

Club: GutsMuths RSLV

Number: 421

Course: 20.00 km

20km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:45:21

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 160 (of 418)

Rank in course/Men: 141 (of 300)

Best time in course: 1:08:15

Rank in category: 19(of 52)

Best time in the category: 1:17:50