



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Schaufuß, Jörg

Club: Erfurt  
Number: 251

Course: 20.00 km  
20km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:47:04

Speed: 11.21 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 175 (of 418)

Rank in course/Men: 151 (of 300)

Best time in course: 1:08:15

Rank in category: 24(of 49)

Best time in the category: 1:15:51