



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Hermann, Grit

Club: Steinach/Thür.

Number: 381

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:47:17

Speed: 11.19 km/h

Running performance: 5:22 min/km

Rank in course/Total: 178 (of 418)

Rank in course/Women: 24 (of 118)

Best time in course: 1:28:58

Rank in category: 3(of 15)

Best time in the category: 1:33:43