



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Schulze, Holger

Club: Just For Run 50 +/-

Number: 36

Course: 20.00 km

20km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:47:19

Speed: 11.18 km/h

Running performance: 5:22 min/km

Rank in course/Total: 179 (of 418)

Rank in course/Men: 155 (of 300)

Best time in course: 1:08:15

Rank in category: 9(of 25)

Best time in the category: 1:36:16