



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Tiesel, Karina

Club: TSV Gahma

Number: 10010

Course: 10.00 km

10km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:18:45

Speed: 7.62 km/h

Running performance: 7:53 min/km

Rank in course/Total: 85 (of 87)

Rank in course/Women: 40 (of 42)

Best time in course: 47:03

Rank in category: 8(of 8)

Best time in the category: 52:56