



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Bärwolf, Silvia

Club: Lauftreff Breitungen

Number: 10038

Course: 10.00 km

10km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 50:10

Speed: 11.96 km/h

Running performance: 5:01 min/km

Rank in course/Total: 15 (of 87)

Rank in course/Women: 2 (of 42)

Best time in course: 47:03

Rank in category: 1(of 8)

Best time in the category: 50:10