



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Metrophan, Andreas

Club: Würzburg
Number: 472

Course: 20.00 km
20km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:48:24

Speed: 11.07 km/h
Running performance: 5:25 min/km

Rank in course/Total: 194 (of 418)

Rank in course/Men: 167 (of 300)

Best time in course: 1:08:15

Rank in category: 11(of 25)

Best time in the category: 1:36:16