



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Merker, Lars

Club: Team Merker

Number: 469

Course: 20.00 km

20km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:48:46

Speed: 11.03 km/h

Running performance: 5:26 min/km

Rank in course/Total: 199 (of 418)

Rank in course/Men: 172 (of 300)

Best time in course: 1:08:15

Rank in category: 29(of 38)

Best time in the category: 1:08:15