



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Krieghoff, Marcel

Club: USV Erfurt

Number: 415

Course: 20.00 km

20km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:08:15

Speed: 17.58 km/h

Running performance: 3:25 min/km

Rank in course/Total: 1 (of 418)

Rank in course/Men: 1 (of 300)

Best time in course: 1:08:15

Rank in category: 1(of 38)

Best time in the category: 1:08:15