



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Plehn, Harald

Club: SSV Erfurt 02  
Number: 206

Course: 20.00 km  
20km Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:52:23

Speed: 10.68 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 228 (of 418)

Rank in course/Men: 194 (of 300)

Best time in course: 1:08:15

Rank in category: 27(of 52)

Best time in the category: 1:17:50