



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Amarell, Ludwig

Club: GutsMuths RSLV

Number: 254

Course: 20.00 km

20km Lauf

Category:

Senioren M75 (75 und älter)

Total time: 1:52:46

Speed: 10.64 km/h

Running performance: 5:38 min/km

Rank in course/Total: 231 (of 418)

Rank in course/Men: 195 (of 300)

Best time in course: 1:08:15

Rank in category: 1(of 1)

Best time in the category: 1:52:46