



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Schalk, Udo

Club: Dream-Team-Ilmenau

Number: 10075

Course: 10.00 km

10km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:05

Speed: 11.52 km/h

Running performance: 5:13 min/km

Rank in course/Total: 17 (of 87)

Rank in course/Men: 15 (of 45)

Best time in course: 35:55

Rank in category: 3(of 8)

Best time in the category: 40:35