



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Ziezold, Nadine

Club: Gotha
Number: 229

Course: 20.00 km
20km Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:54:00

Speed: 10.53 km/h
Running performance: 5:42 min/km

Rank in course/Total: 239 (of 418)

Rank in course/Women: 38 (of 118)

Best time in course: 1:28:58

Rank in category: 8(of 15)

Best time in the category: 1:32:40