



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Lehmann, Ralf

Club: Suhl

Number: 328

Course: 20.00 km

20km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:56:29

Speed: 10.30 km/h

Running performance: 5:49 min/km

Rank in course/Total: 255 (of 418)

Rank in course/Men: 213 (of 300)

Best time in course: 1:08:15

Rank in category: 34(of 38)

Best time in the category: 1:08:15