



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Bennewitz, Jürgen

Club: Thüringer Waldquell

Number: 433

Course: 20.00 km

20km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:57:08

Speed: 10.24 km/h

Running performance: 5:52 min/km

Rank in course/Total: 260 (of 418)

Rank in course/Men: 217 (of 300)

Best time in course: 1:08:15

Rank in category: 16(of 25)

Best time in the category: 1:36:16