



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Dolge, Gerd

Club: GutsMuths RSLV

Number: 163

Course: 20.00 km

20km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:57:00

Speed: 10.26 km/h

Running performance: 5:51 min/km

Rank in course/Total: 257 (of 418)

Rank in course/Men: 215 (of 300)

Best time in course: 1:08:15

Rank in category: 15(of 25)

Best time in the category: 1:36:16