



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Lehmann, Frank

Club: Frankfurt/Main

Number: 327

Course: 20.00 km

20km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:57:04

Speed: 10.25 km/h

Running performance: 5:51 min/km

Rank in course/Total: 259 (of 418)

Rank in course/Men: 216 (of 300)

Best time in course: 1:08:15

Rank in category: 24(of 31)

Best time in the category: 1:16:38