



## 24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

### Detailed evaluation

**Gerlach, Josef**

Club: Neustadt bei Leinef.

Number: 321

Course: 20.00 km

20km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:57:32

Speed: 10.21 km/h

Running performance: 5:53 min/km

Rank in course/Total: 265 (of 418)

Rank in course/Men: 221 (of 300)

Best time in course: 1:08:15

Rank in category: 17(of 25)

Best time in the category: 1:36:16