



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Greiwe, Birgit

Club: Just For Run 50 +/-

Number: 12

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:58:57

Speed: 10.09 km/h

Running performance: 5:57 min/km

Rank in course/Total: 277 (of 418)

Rank in course/Women: 49 (of 118)

Best time in course: 1:28:58

Rank in category: 5(of 11)

Best time in the category: 1:40:22