



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Harms-Nothdurft, Christiane

Club: Just For Run 50 +/-
Number: 24

Course: 20.00 km
20km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:59:35

Speed: 10.03 km/h
Running performance: 5:59 min/km

Rank in course/Total: 290 (of 418)
Rank in course/Women: 54 (of 118)
Best time in course: 1:28:58

Rank in category: 8(of 15)
Best time in the category: 1:37:51