



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Pilawski, Lars

Club: Pillis

Number: 75

Course: 20.00 km

20km Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:22:32

Speed: 14.54 km/h

Running performance: 4:08 min/km

Rank in course/Total: 16 (of 418)

Rank in course/Men: 16 (of 300)

Best time in course: 1:08:15

Rank in category: 9(of 32)

Best time in the category: 1:11:00