



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Gerlach, Iris

Club: Neustadt bei Leinef.
Number: 320

Course: 20.00 km
20km Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:59:18

Speed: 10.06 km/h
Running performance: 5:58 min/km

Rank in course/Total: 284 (of 418)
Rank in course/Women: 51 (of 118)
Best time in course: 1:28:58

Rank in category: 6(of 11)
Best time in the category: 1:40:22