



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Lauterbach, Thomas

Club: SGB Stadtsteinach

Number: 390

Course: 20.00 km

20km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:22:49

Speed: 14.49 km/h

Running performance: 4:08 min/km

Rank in course/Total: 17 (of 418)

Rank in course/Men: 17 (of 300)

Best time in course: 1:08:15

Rank in category: 3(of 49)

Best time in the category: 1:15:51