



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Heinz, Christian

Club: Geraberg  
Number: 322

Course: 20.00 km  
20km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:05:15

Speed: 9.58 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 323 (of 418)

Rank in course/Men: 255 (of 300)

Best time in course: 1:08:15

Rank in category: 44(of 49)

Best time in the category: 1:15:51