



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Tietze, Ilona

Club: JOLE-Biker
Number: 56

Course: 20.00 km
20km Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:05:00

Speed: 9.60 km/h
Running performance: 6:15 min/km

Rank in course/Total: 319 (of 418)

Rank in course/Women: 68 (of 118)

Best time in course: 1:28:58

Rank in category: 14(of 25)

Best time in the category: 1:31:03