



## 24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

### Detailed evaluation

**Lochefeld, Jana**

Club: Suhl

Number: 154

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:07:30

Speed: 9.41 km/h

Running performance: 6:23 min/km

Rank in course/Total: 338 (of 418)

Rank in course/Women: 74 (of 118)

Best time in course: 1:28:58

Rank in category: 17(of 25)

Best time in the category: 1:31:03