



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Caspari, Ulf

Club: Leipheim

Number: 307

Course: 20.00 km

20km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:07:45

Speed: 9.39 km/h

Running performance: 6:23 min/km

Rank in course/Total: 340 (of 418)

Rank in course/Men: 264 (of 300)

Best time in course: 1:08:15

Rank in category: 45(of 49)

Best time in the category: 1:15:51